The HHS Mandate: A Question of Religious Freedom or the Life Issues?
Peter J. Colosi

This three-part article will discuss: (1) The approach of the U.S. bishops in order to thank them and praise their efforts against the HHS Mandate, while at the same time respectfully pointing out a certain oversight in their approach; (2) some reasons not often mentioned for which the Obama Administration is enacting the HHS mandate; and (3) some ideas on how most wisely to approach the question of contraception in the midst of the fight for religious freedom. The article, written in 2012, is preceded by a preface outlining key developments in the intervening years between 2012 and 2015 and explaining the importance of looking now at a clear snapshot of where we were three years ago.

PREFACE

This article was originally written in 2012 as a three-part series in Crisis Magazine Online1 as part of that web magazine’s participation in the first Fortnight of Freedom called by the United States Conference of Catholic Bishops (USCCB)2. Later that year it was presented at the twentieth anniversary conference of the SCSS Conference under the title, “The HHS Mandate: A Question of Religious Freedom or the Life Issues?” Much has happened in the meantime on the religious-freedom front, some victories and some losses. Two of the most notable victories for religious freedom at the Supreme Court have been Hosanna-Tabor v. Equal Employment Opportunity Commission3 and Hobby Lobby v Burwell.4 Another success related to the Hobby Lobby decision is the March 9, 2015, Supreme Court decision to vacate “a 7th Circuit judgment against The University of Notre Dame, sending the case back to the lower court with instructions that the 7th Circuit reconsider it in light of the recent Supreme Court decision in Burwell v. Hobby Lobby Stores, Inc.”5 There have also been failures related to religious freedom, for example, the United States v Windsor6 (DOMA) and Hollingsworth v Perry7 (Proposition 8) decisions. At the writing of this preface, the Supreme Court has not yet heard the oral arguments concerning four new cases in which “the Court said it would rule on the power of the states to ban same-sex marriages and to refuse to recognize such

marriages performed in another state.”8 One of the two questions the Court will hear arguments about is: “Does the Fourteenth Amendment require a state to license a marriage between two people of the same sex?”9 If the Court rules that the Fourteenth Amendment does require states to issue marriage licenses to two people of the same sex, that could represent a serious defeat for religious freedom, as ministers and priests may be legally liable under anti-discrimination laws if they refuse to celebrate same-sex weddings.

Many have noted that what is at stake in almost all of the religious freedom cases is an unresolvable conflict between the principle of religious freedom and the tenets of the sexual revolution. In an aptly titled piece Andrew Walker expressed the point well that a society which simultaneously attempts to enact robust religious-freedom laws and to maintain the tenets of the sexual revolution is “Willing Incompatible Worlds.”10 One side must win and one side must lose; this is because most religions hold views that conflict with the tenets of the sexual revolution.

That is the situation on the legal front, but there is a deeper issue, which could be termed a pastoral issue.

The point of republishing my piece now in print, only slightly revised, is that I think that from 2012 until now, though excellent initiatives have arisen, a greater opportunity has been missed, not on the legal front, but on the internal evangelization front. In The Joy of the Gospel, Pope Francis recalled the Synod of Bishops of October 7–28, 2012, which dealt with the theme “The New Evangelization for the Transmission of the Christian Faith.” He said that “The Synod reaffirmed that the new evangelization is a summons addressed to all and that it is carried out in three principal settings,” the second of which is “that of ‘the baptized whose lives do not reflect the demands of Baptism.’ . . . The Church, in her maternal concern, tries to help them experience a conversion which will restore the joy of faith to their hearts and inspire a commitment to the Gospel.”11

Here is a striking illustration to which this point of Pope Francis applies. A new study of millennials by The Public Religion Research Institute found that what they are deeply seeking is love, support, and companionship. Yet the study also found that 71 percent of millennials consider contraception morally acceptable, and when broken down by religious and ethnic groups, 72 percent of white Catholics and 74 percent of Hispanic Catholics said that “safe sex and contraception is more effective than abstinence.”12 Those statistics and the desire for love, support, and companionship represent a contradiction held by millennials that they do not perceive. As Humanae Vitae says, “Man cannot attain that true happiness for which he yearns with all the strength of his spirit, unless he keeps...
the laws which the Most High God has engraved in his very nature. These laws must be wisely and lovingly observed.”13 It is not possible for the faithful to wisely and lovingly observe the truth unless they understand its goodness and beauty.

Most people know that the Catholic Church prohibits various actions. In Veritatis Splendor St. Pope John Paul II discusses this point, making this somewhat surprising statement which exhibits a striking humility on the part of the Church:

While recognizing the possible limitations of the human arguments employed by the Magisterium, moral theologians are called to develop a deeper understanding of the reasons underlying its teachings and to expound the validity and obligatory nature of the precepts it proposes, demonstrating their connection with one another and their relation with man’s ultimate end. . . . Working together in cooperation with the hierarchical Magisterium, theologians will be deeply concerned to clarify ever more fully the biblical foundations, the ethical significance and the anthropological concerns which underlie the moral doctrine and the vision of man set forth by the Church. (par. 110)

I would express the relationship this way: God has given us an amazing gift in the Magisterium because we can get the right answer in the form of a straightforward yes or no on the tough moral questions; but after we receive the answer, in addition to faithful obedience, there remains the task of bringing to light for people those underlying anthropological truths which enable the faithful to embrace the moral call and challenge with a joyful effort because we see for ourselves its congeniality to genuine happiness in our lives and relationships.14 Since the 1960s, much of this work has been accomplished, but it remains to be transmitted to the faithful. It is one thing to state moral prohibitions and to ask not to have to participate in them; but that is not pastoral care or personal concern. Pastoral care and personal concern on moral questions take more effort, and unless that effort is forthcoming, the legal demands will not make sense to many people.

It is my contention that if we are going to win these cases we need lawyers like those at the Becket Fund for Religious Freedom and others leading the way. But it is also my contention that if we are not also simultaneously re-catechizing the faithful our efforts on the legal front will fail in the long run. The lawyers have their role, and they are fulfilling it with world-class professionalism and admirable courage.15 I respectfully submit that the Bishops have a different role than the lawyers and the politicians. That role is leading and teaching their flocks.16 The USCCB has submitted an amicus curiae brief to the Supreme Court of the United States for the upcoming April 28, 2015, hearing.17 It is very well done, and
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I applaud it. Now, and I say this with the utmost respect, they should return home, stay put, and develop a thorough plan to teach the faithful the truth in such a way that they can experience its goodness.

If the faithful do not understand for themselves the teachings of the Church and then embrace those teachings because they themselves grasp their goodness, then no Fortnight of Freedom will be able to motivate them to defend a notion of religious freedom that seems to them to contradict their lived experience. People of today yearn for an abiding happiness and for true love, but they need a Church with the courage and an overall plan to teach them how to achieve that.

This article presents a picture of the situation as it was in 2012. It expresses gratitude and admiration for the unified front by the US Bishops against the HHS Mandate, but it also points out a flaw in that approach. Not only is the flaw presented, but a plan for a solution to the flaw is presented.18

Perhaps it can be instructive and helpful to look again clearly at exactly where we were a few short years ago and to compare that to where we are now.

Much time has been lost, but it is not too late to begin.

THE APPROACH OF THE BISHOPS:
PRAISE AND A QUESTION

Stating What the Fight Is and Is Not About

It is wonderful to see the unity, work, and leadership of the bishops in the fight for religious freedom. We should both thank God for and join with them in their focused attention on the wrongheaded general principles they list as built into the mandate:19 (1) an unwarranted government definition of religion;20 (2) a mandate to act against our teachings; and (3) a violation of personal civil rights. Regardless of the specific content of this mandate (contraception), these wrongheaded general principles violate the nature of freedom and conscience; and they violate the laws and customs of the United States of America.21 This would also be true if the government had begun its attack on religious freedom by forcing the Amish to participate in car sales in ways that violated their beliefs. To isolate and name the wrongheaded general principles is necessary and the bishops have done this in a way perhaps unprecedented in our recent history.

The emphasis on isolating the general principles within the mandate has led to many statements asserting what the fight is not about.

This is not about access to contraception, which is ubiquitous and inexpensive, even when it is not provided by the Church’s hand and
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with the Church’s funds. This is not about the religious freedom of Catholics only, but also of those who recognize that their cherished beliefs may be next on the block. This is not about the bishops’ somehow “banning contraception,” when the U.S. Supreme Court took that issue off the table two generations ago. Indeed, this is not about the Church wanting to force anybody to do anything; it is instead about the federal government forcing the Church—consisting of its faithful and all but a few of its institutions—to act against Church teachings. This is not a matter of opposition to universal health care, which has been a concern of the Bishops’ Conference since 1919, virtually at its founding.

Although this is not about access to contraception in the sense of banning it, this is, in fact, about contraception. Yet, many recent statements have asserted that this is not about contraception. For example, in a recent high-profile interview, Cardinal Timothy Dolan stated that “We have to be very vigorous in insisting that this is not about contraception. It’s about religious freedom.” And in a Wall Street Journal interview he emphasized the point by stating, “We’ve grown hoarse saying this is not about contraception, this is about religious freedom.”

In part two of this article, we will see that, for the Administration, this is, even primarily so, about contraception and only secondarily about religious freedom. Furthermore, while it is correct that the Church should not force people to do anything, there is a difference between forcing and explaining. Pope John Paul II once famously said, “The Church proposes, She imposes nothing.” By deliberately focusing the discussion exclusively on religious freedom, the proposing of the Good News of Church teaching on matters related to the specific content of the mandate (contraception, sterilization, and abortion) is left undone in various settings in which it should be addressed to varying degrees. It is a perfectly legitimate question, after reading the bishops’ statement of what this is not about, for a thoughtful reader to ask: What are those Church teachings that the government wants you to violate, and are they good or bad? To avoid dealing with that question at all costs has deleterious effects not only on human relationships, but also on this very fight for religious freedom.

Parables and Analogies

The archbishop of Baltimore, William Lori, who is also chairman of the U.S. bishops’ Committee on Religious Liberty, in testimony before Congress on February 16, 2012, used his “Parable of the Kosher Deli,” which noted that if the government was beginning its assault on religious freedom by making orthodox Jews participate in serving pork in their delis,
any person of good will would easily grasp both the reason why religious freedom should be respected, and the silliness of not respecting it when people can easily buy pork (or contraceptives) inexpensively at the grocery store next door. This analogy is helpful in that it serves to isolate and highlight a very serious general dimension of the dilemma we are currently facing: namely, the complete dismantling of the First Amendment, which would open the door to legal intrusions on religious freedom in many other areas. The parable is also excellent in that it aids in gaining the broadest possible coalition of concerned citizens, many of whom have no qualms about using contraception, but who share the concern about this very worrying precedent. Just as we Catholics would certainly join with the Jews in fighting such a mandate in order to preserve religious freedom, so many non-Catholics will join with us now. Bishop Lori’s parable is a very important part of this fight, and I applaud it.

As a Catholic Christian, I know the Torah contains Divine Law. The Divine Law to not eat pork does not apply to me as a Christian, but since I know the reality of and meaning of Divine Law, I have full respect for the obedience to it that many Jewish people practice, and have practiced for millennia. As an American citizen who believes in religious freedom, I also have deep respect for the decision of the Amish to not drive cars, and I understand the rationale behind their choice.

Having said that, it must be pointed out that there is a very specific difference in kind between the Catholic teaching that using contraception is immoral and the prohibition of driving and pork on the part of the Amish and the Jewish people respectively (there are, of course, also many other differences in kind between those two prohibitions). The specific difference in kind to which I am referring goes to the very heart of human anthropology, and is rooted in the natural law. The richness of Catholic teaching on human sexuality also shows that the analogy of Bishop Lori, like all analogies, only goes so far. Perhaps in brief congressional testimony, it was wise to leave the analogy where he did, but strictly speaking, Bishop Lori’s parable cannot work on those who hold to a moral imperative to reproductive rights. If you asked the authors of the HHS mandate whether they think Orthodox Jews are being immoral in not allowing their people to eat pork, or whether they think the Amish are immoral in not teaching their children to drive cars, they would likely say, “No, those things are not immoral.” However, they do think that the Catholic Church is committing an immoral, irrational, and, they would probably say, inhuman act, indeed, an abuse against women, in morally prohibiting contraception.
Warning about Future Ramifications

Another approach is that of Cardinal Francis George of Chicago, who in a widely read piece said,

> If you haven’t already purchased the Archdiocesan Directory for 2012, I would suggest you get one as a souvenir. On page L-3, there is a complete list of Catholic hospitals and health-care institutions in Cook and Lake Counties. Two Lents from now, unless something changes, that page will be blank.\(^2\)

Here too, I applaud Cardinal George’s letter which, besides accurately foretelling what will happen two Lents from now, is also supposed to rally the people to get up and do something to prevent hospital closures. I wonder though, whether without an in-depth and personal awareness of the truth and goodness of Church teaching on human sexuality, most readers of this quote will see it as hyperbole. Explanations must accompany quotations like this, and readers are right to look for them.

Another well-known, recent, and often re-posted quote of Cardinal George with respect to future ramifications is this one: “I expect to die in bed, my successor will die in prison, and his successor will die a martyr in the public square.” In the rest of the quote, often left out by authors, he continued, “His successor will pick up the shards of a ruined society and slowly help rebuild civilization, as the Church has done so often in human history.”\(^2\) We need to do something similar and rebuild the public’s perception of and knowledge of Church teaching on human sexuality.

Explaining the View That This Is Not About Contraception

In a recent interview about the HHS mandate in *National Review Online*, Archbishop Charles Chaput of Philadelphia was asked about the fact that many Catholics use contraception and support abortion rights. He answered,

> That’s the wrong question. Plenty of self-described Catholics also commit adultery and cheat on their taxes. That doesn’t make them right, and it doesn’t make their behaviors “Catholic.” The central issue in the HHS-mandate debate isn’t contraception. Casting the struggle as a birth-control fight is just a shrewd form of dishonesty. The central issue in the HHS debate is religious liberty. The government doesn’t have the right to force religious believers and institutions to violate their religious convictions. But that’s exactly what the White House is doing.\(^3\)

This answer adds another important dimension to the complexity of the debate. The archbishop is saying that the administration is trying to
make the public discussion about contraception, and that this is a form of dishonesty because it is really about religious freedom. He is correct to point this out, because the administration is trying to focus the fight on contraception with the specific purpose of making the opponents of the mandate seem out of touch with contemporary people and thereby to deflect attention from the danger posed to the First Amendment, which they seem bent on dismantling. I agree with that aspect of his answer, and it is very important that the wider public understand it.

Yet, there is a bizarre irony in this tactic of the administration because for them this really is primarily about abortion, sterilization, and contraception. They just see a simultaneous attack on religious freedom as a powerful means to achieve that goal, since many religions oppose one or more of the items to be covered. Thus, the question asked is not the wrong question, and it is not unrelated to this fight, but rather has a direct bearing on it.

**What Is the Relation between the Threat to Religious Freedom and the Specific Content of the Mandate?**

What I am about to say should not be understood as a criticism of this important work of unity and speech in the public sphere by the Bishops in defense of religious freedom. Yet, all of the above approaches have in common the complete separation of the threat to religious freedom from the specific content of the mandate itself. This is mistaken from the point of view of truth, and it endangers the success of the fight for religious freedom. The complete separation of these two dimensions contains the following false, if unintended, premise: that there is no link whatsoever between the specific content of the mandate and the threat to religious freedom we face because of it. That is false. There are, in fact, numerous links, and we ignore them at our peril.

**THIS IS ABOUT CONTRACEPTION**

**The Global Picture**

As we all know, there are forces at the highest level of global politics and industry working towards the goal of spreading “reproductive rights.” In 1995 in *The Gospel of Life* (nn. 16–17), Pope John Paul II described the situation like this:

The Pharaoh of old, haunted by the presence and increase of the children of Israel, submitted them to every kind of oppression and ordered that every male child born of the Hebrew women was to be killed (cf. Ex 1:7–22). Today not a few of the powerful of the earth act in the same
way. They too are haunted by the current demographic growth, and fear that the most prolific and poorest peoples represent a threat for the well-being and peace of their own countries. Consequently, rather than wishing to face and solve these serious problems with respect for the dignity of individuals and families and for every person’s inviolable right to life, they prefer to promote and impose by whatever means a massive program of birth control. . . .

. . . Aside from intentions, which can be varied and perhaps can seem convincing at times, especially if presented in the name of solidarity, we are in fact faced by an objective “conspiracy against life,” involving even international institutions, engaged in encouraging and carrying out actual campaigns to make contraception, sterilization and abortion widely available . . . which presents recourse to contraception, sterilization, abortion and even euthanasia as a mark of progress and a victory of freedom, while depicting as enemies of freedom and progress those positions which are unreservedly pro-life.31

It is urgent to focus the legal battle on the question of religious freedom to secure the First Amendment and prevent the flood of future attacks on religious freedom that will occur if this mandate stands. But at the very same time we are doing this, the government of the U.K. and the Bill and Melinda Gates Foundation are hosting a Family Planning Summit in London, whose goal is “to generate unprecedented political commitment and resources from developing countries, donors, the private sector, civil society, and other partners to meet the family planning needs of women in the world’s poorest countries by 2020.”32 This is why absolute statements such as, “this has nothing to do with contraception, it is exclusively about religious freedom” are inaccurate.

Discerning the View of the Administration

As stated in part one of this article, I would suggest that the primary motivation of the Obama Administration is the promotion of “reproductive rights,” and they see a simultaneous attack on religious freedom as a powerful means to achieve that goal, since many religions oppose one or more of the items to be covered.

Consider Kathleen Sebelius’s January 20, 2012, press release, in which she said, “I believe this proposal strikes the appropriate balance between respecting religious freedom and increasing access to important preventive services.”33

In the above quote, Pope John Paul II spoke of an “objective conspiracy against life.” His phrase connotes the idea of people with evil intent trying to sterilize and abort the world into some sort of utopia. Perhaps Se-
belius has conscious evil intent, and perhaps she does not—I don’t know. There is another possibility: Some people genuinely believe that contraception, sterilization, and abortion are the way to make the world a better place. They are wrong in this, but they genuinely believe it. If we assume Sebelius genuinely believes that, then her statement quoted above can be read as her attempt to balance two goods.

On that assumption, perhaps the following analogy would be an expression of her mind on the matter. Jehovah’s Witnesses believe that blood transfusions are immoral, and the conventional wisdom on dealing with that is to require the children of Jehovah’s Witnesses who need blood transfusions to receive them, even against their parents’ wishes by means of a court order, but that adult Jehovah’s Witnesses may refuse blood transfusions because they are of the age of consent. Now, to people who are not Jehovah’s Witnesses, this seems tragic and wrong, but it is allowed. I think that Sebelius sees the Catholic prohibition of contraception as identical to the Jehovah’s Witnesses’ prohibition of blood transfusions. Just as society limits to the bare minimum those who can refuse blood transfusions, she wants to limit to the bare minimum those who do not receive free access to FDA-approved contraceptives and abortifacients.

At this juncture, to argue against Secretary Sebelius by saying that contraceptives are already easily accessible and inexpensive reveals only complete ignorance of the importance the other side puts on “reproductive rights.” They think of contraception and Catholicism in the exact same way as perhaps you, the reader of this article, think of blood transfusions and Jehovah’s Witnesses. To them, contraception and blood transfusions are simple sources of good health that make the world a better place: Anyone who has a principled opposition to either of those things is odd if not outright mistaken.

A Stark Contrast Concerning Contraception and the Common Good

Thus, the Obama Administration believes that the Catholic position prohibiting contraception is both irrational and immoral, because according to them widespread contraception is the solution to the world’s problems. According to Pope Benedict XVI, however, “When a society moves towards the denial or suppression of life, it ends up no longer finding the necessary motivation and energy to strive for man’s true good.” The contrast could not be starker. We need the leaders of the Church to explain why this statement of Pope Benedict is true.

That explanation is perhaps not to be given on television news interviews, but an all-out effort is needed right now to explain it to people in the pews. And this is important for the fight for religious freedom. Many Cath-
olic have accepted the false premises that contraception is health care and promotes the common good, and this fact makes it difficult for them to grasp the threat to religious freedom and join the fight. A recent poll by the Public Religion Research Institute indicated that six in ten Catholics (and 56 percent of the general public) do not believe that their religious liberty has been threatened by the mandate. The same poll found that 55 percent of Americans and 58 percent of Catholics agree with this statement: “Employers should be required to provide their employees with health-care plans that cover contraception and birth control at no cost.”

In this regard, I am struck by Pope Paul VI’s remark in number 17 of Humanae vitae in which he poses this startling rhetorical question: “Who will blame a government which in its attempt to resolve the problems affecting an entire country resorts to the same measures as are regarded as lawful by married people in the solution of a particular family difficulty?” If everyone thinks contraception is helpful in their own personal lives, then you have lost any basis on which to blame a government for using it to solve larger problems. That is my main reason for thinking that in this particular religious freedom fight, leaving that false premise unchallenged undermines our entire effort. And, unless I am reading him wrong, Pope Paul VI thinks so too.

NOW WHAT, AFTER THE SUPREME COURT RULING?

In this third and final part of the article I will: (1) comment on the relation between the Supreme Court ruling and the HHS mandate; (2) outline a set of reasons given by Cardinal Dolan for which the bishops are reticent to speak on contraception, and offer a comment to each; and (3) offer some practical suggestions, many of which bishops, priests, and lay people around the country are already doing.

The Supreme Court Ruling

In light of the June 28, 2012, ruling by the United States Supreme Court in the decision upholding the Patient Protection and Affordable Care Act (ACA), it must be clearly stated that the term “mandate” is being used to describe two distinct, yet related, legal entities:

(1) The mandate that all Americans must purchase health insurance or else be fined/taxed. This is the mandate upheld by the SCOTUS, and it has been part of Obamacare from the beginning. It is known as the linchpin of the law, because financially the law cannot survive without it.

(2) The mandate of Secretary Sebelius that all health-insurance policies include free coverage for contraception, sterilization, and abortion-causing pills. This second mandate was not part of the original law; it
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was added as a later rule. This is the mandate about which the bishops are concerned, and because of which they initiated the Fortnight for Freedom.

Some are arguing that the lawsuits by Catholic entities against the Executive Branch with respect to mandate #2 will be unaffected by the SCOTUS’s upholding of mandate #1. But the National Catholic Bioethics Center argues that “the Health and Human Services mandate [mandate #2] has come to be woven into the fabric of the ACA as a post-provision,” and this suggests that the lawsuits are seriously undermined by the upholding of the entire health-care law.

Therefore, there is now even more reason for the Church (bishops, priests, and laity) to speak the truth concerning the specific content of mandate #2. Democracy functions by means of the grass roots, and the grass roots act only on conviction.

It is the other side that is in a position to dictate the law at the moment; although the legal challenges to it are very important. But on this issue even legal challenges, and legal victories, if any come, are not as important, even for securing those very victories, as bearing witness to the truth, and we are not doing that by excluding discussion of contraception and more broadly “reproductive rights.” It may seem a long shot to shut down the contraceptive industry by means of convincing people to freely stop purchasing contraceptives out of a deep understanding of the goodness of the truth about conjugal relations, but that is what the Church is called to do. Furthermore, lacking a critical mass of lay Catholics inspired to live according to Church teaching because they themselves understand its goodness, it will not be possible to garner their support in this fight.

Cardinal Dolan on the Reasons for Silence

In the Wall Street Journal interview mentioned in part one above, Cardinal Dolan admitted quite candidly to three reasons why the bishops are silent on questions of contraception and Church teachings on human sexuality: (1) the enormousness of the catechetical challenge; (2) the priest scandal; and (3) the aftermath of Humanae vitae.

A Towering Catechetical Challenge

Here is the first quotation of Cardinal Dolan:

I’m not afraid to admit that we have an internal catechetical challenge—a towering one—in convincing our own people of the moral beauty and coherence of what we teach. That’s a biggie. . . . We have gotten gun-shy . . . in speaking with any amount of cogency on chastity and sexual morality.
The towering challenge is a lack of catechesis on these matters among the faithful. However people nowadays do have a sense that something is amiss. Many do not have an intellectual understanding concerning why, but their own experience of contraception and related issues has left them aware that it is not the be-all and end-all they had thought it would be. Maybe they are clinging to it because they do not think that there is an alternative, perhaps they are afraid of change, or perhaps the wounds and possible guilt that emerges seem too difficult. I can understand the profundity of the pastoral problem, but God is infinite, He desires nothing more than to forgive us, and He can make all things new.

Cardinal Dolan seems to me to imply that this lack of catechesis constitutes a reason for which Church spokespersons, when asked about that teaching, keep saying that this is not about contraception. But I do not see when the opportune moment might be, other than now. There was just such a towering catechetical challenge in 1968, and in number 30 of *Humanae vitae*, speaking to the world’s bishops, Pope Paul VI said,

> We invite all of you, We implore you, to give a lead to your priests . . . and to the faithful of your dioceses, and to devote yourselves with all zeal and without delay to safeguarding the holiness of marriage. . . .

> Consider this mission as one of your most urgent responsibilities at the present time. As you well know, it calls for concerted pastoral action in every field of human diligence: economic, cultural, and social.43

The urgency of that summons was due to the ripeness of the teaching moment. This moment right now is a reincarnation of 1968 in the sense that in both cases the whole world had and now again has its ears perked up concerning Catholicism and contraception. The first time there was deafening silence from the pulpit, and in two ways I think that was understandable: *I do not think they knew how to explain it*, and *I do not think people wanted to hear it*. Things are very different now. Now we know more, now we can explain the teaching. It is like that old saying, “if I only knew back then what I know now.” Well, it is back then, right now. How often in life are you given a second chance like this? And additionally, now people are thirsting for this teaching. Consider Jennifer Fulwiler’s heartening account of a priest who recently gave a homily on contraception and after a few moments of pregnant silence the congregation erupted in applause.44

**A Connection to the Priest Sex Abuse Scandal**
The second reason given in the interview by Cardinal Dolan for the current silence of the bishops is the priest abuse scandal, which he says has intensified our laryngitis over speaking about issues of chastity and sexual morality, because we almost thought, “I’ll blush if I do. . . .”
what some priests and some bishops, albeit a tiny minority, have done, how will I have any credibility in speaking on that?"45

To this I would respectfully submit that for those bishops and other Church spokespersons who are not among the tiny minority of those who have committed these crimes, this scandal does not constitute a reason to remain silent on these matters; quite to the contrary.

In addition, the saints of old sought out humiliations as a source of holiness. Perhaps some humiliations will come if the bishops begin to teach on these matters, but one must be careful not to let the fear of such humiliations function as an excuse to avoid speaking the truth “in season and out of season” (2 Timothy 4:2).

The Aftermath of Humanae vitae
In his interview, Cardinal Dolan, with great candor, also granted a third reason for the silence of the bishops, when he says that Humanae vitae brought such a tsunami of dissent, departure, disapproval of the Church, that I think most of us—and I’m using the first-person plural intentionally, including myself—kind of subconsciously said, “Whoa. We’d better never talk about that, because it’s just too hot to handle.” We forfeited the chance to be a coherent moral voice when it comes to one of the more burning issues of the day.46

The cardinal casts this reason in the past tense, and as mentioned above, there may have been some understandable reasons forty years ago for a reticence to speak. Now, though, there are many reasons to speak with confidence. Pope John Paul II thematized his papacy with the words “Do not be afraid,” and now is the time to apply those words to this topic.

Some Practical Suggestions
Consider this argument of the Administration when presenting its “accommodation”:

If a woman’s employer is a charity or a hospital that has a religious objection to providing contraceptive services as part of their health plan, the insurance company—not the hospital, not the charity—will be required to reach out and offer the woman contraceptive care free of charge, without co-pays and without hassles.47

This carefully crafted statement unsubtly implies that the religious objection represents the opposite of “reaching out” and “offering care” and is therefore immoral. It also clearly suggests a lack of charity in the religious objection by mentioning “hassles,” which are deemed irrational, as is the rejection of free “contraceptive care.”
Statements like that should not be left unchallenged. This is because according to Catholic social teaching, the State does have a role to regulate society. To take an extreme example, if there were a religion carrying out human sacrifices, the State is in its rightful role both to stop that and to legislate against it. And so, rather than standing by silently allowing the false premises in the above statement to sink into the minds of those who hear it, those premises must be exposed, debunked, and replaced with the truth—otherwise the public will think that the State is playing its proper role of regulation with the HHS mandate.

The three false premises are: (1) that contraception is health care; (2) that contraception is good for society; and (3) that to oppose contraception is immoral. The Church (bishops, priests and laity) should proclaim with confidence and joy the many dimensions of the good news of Church teaching on love and procreation: the blessings of children; responsible parenthood and NFP; the benefits of waiting until marriage; and the Catholic view of the goodness of the body. And we should point out the many risks contraception poses to relationships, health, the common good, and respect for women. Also, there is an underreported epidemic of the human papillomavirus (HPV), particularly among young girls, against which the Pill does nothing.

Something very heartening is that priests and lay people have started speaking on all of these topics, and precisely because of this very debate. One of my favorites is a talk by Gloria Purvis at the Catholic Information Center on February 27, 2012. I also noticed two recent homilies online, one by Philadelphia priest Fr. Philip Forlano given on March 4, 2012, at St. Stanislaus in Lansdale, and the other by Fr. Ben Cameron of the Confraternity of Our Lady of Mercy in Auburn, Kentucky, both of which combined boldness, clarity and compassion. Tom Hoopes, a layman, gives a moving personal testimony. 1Flesh is a unique website which explains many of the facts in a catchy way, with depth. I recommend that bishops invite speakers from the Culture Project to their dioceses. There is also the important, widely used, and easily accessible work of Dr. Janet E. Smith. Dr. Christopher Tollefsen presents a clear quick-read version of the New Natural Law approach. "The Vindication of Humanae Vitae" in First Things in 2008 by Mary Eberstadt is a gripping article constituting a sort of definitive proof that Pope Paul VI was right on every count. And from the medical point of view, there is the work of the Pope Paul VI Institute. I recommend the book Love, Marriage & the Catholic Conscience by Dietrich von Hildebrand. A video of my own modest attempt at explaining this teaching from the perspective of personalism and Theology of the Body is also available.
Pope Paul VI was right when he said, “We believe that our contemporaries are particularly capable of seeing that this teaching is in harmony with human reason.” Now is the time to explain that harmony. A source of hope in this regard is that many people of today, particularly Catholics in the pews, want to hear this teaching. In the *Wall Street Journal* interview, James Taranto reported that Cardinal Dolan “sees a hunger, especially among young adults, for a more authoritative Church voice on sexuality.” The cardinal is right about this. People today want explanations, and they listen intently. Talks by lay people on these matters are very helpful, yet there is something more impactful provided by preaching from the pulpit. The best would be if we had both, working together.

In order for a specific truth to have a positive impact on the culture, there has to be a critical mass of people who grasp that truth deeply, and live it because of that grasping. That critical mass does not exist on this teaching, and it needs to be fostered.

Pope Paul VI also made positive predictions in *Humanae vitae*:

If simultaneous progress is made in these various fields, then the intimate life of parents and children in the family will be rendered not only more tolerable, but easier and more joyful. And life together in human society will be enriched with fraternal charity and made more stable with true peace when God’s design which He conceived for the world is faithfully followed.

### CONCLUSION

The purpose of this three-part article was to go through the approaches of various bishops to the HHS mandate, to express gratitude and admiration for all of those achievements, and then to point out one important dimension of this complex issue that needs more direct attention. Studying the resources cited above will provide the means to build a case for speaking truth to power about the Catholic teaching on human sexuality, which can be proclaimed with courage and joy.

### Notes


4. The US Supreme Court ruled 5-4 in favor of David and Barbara Green and their family business, Hobby Lobby, in their suit against the HHS Mandate. While this is positive, it is nonetheless true that Hobby Lobby is in favor of providing coverage for the majority of the contraceptives covered by the HHS Mandate. Hobby Lobby was opposed to four life-terminating drugs and devices. So, while this represents a victory in the skirmishes for religious freedom, it seems to me that Hobby Lobby, which is a retail chain and not a Conference of Catholic Bishops, is not making any anthropological or cultural argument, they were just asserting they don’t want to pay for killing early embryos; and so, one could argue that the case while a positive step, really does not help with respect to the cultural question I am addressing. For the details of the case, see http://www.hobbylobbycase.com/.


6. See http://www.scotusblog.com/case-files/cases/windsor-v-united-states-2/. The Supreme Court held that “Section 3 of the Defense of Marriage Act is unconstitutional as a deprivation of the equal liberty of persons that is protected by the Fifth Amendment.”

7. See http://www.scotusblog.com/case-files/cases/hollingsworth-v-perry/. The Supreme Court held that “The proponents of California’s ban on same-sex marriage did not have standing to appeal the district court’s order invalidating the ban.”


14. In the conclusion of its 1987 document, *Donum Vitae*, dealing with moral questions related to beginning of life issues, the Magisterium makes this point explicit: “The precise indications which are offered in the present Instruction are not meant to halt the effort of reflection but rather to give it renewed impulse. . . . The Congregation for the Doctrine of the Faith addresses an invitation with confidence and encouragement to theologians, and above all to moralists, that they study more deeply and make ever more accessible to the faithful the contents of the teaching of the Church’s Magisterium in the light of a valid anthropology in the matter of sexuality and marriage and in the context of the necessary interdisciplinary approach. Thus they will make it possible to understand ever more clearly the reasons for and the validity of this teaching.”

15. Although I sometimes wonder whether even on the legal front there isn’t a problematic dimension such that truth is considered irrelevant in favor of a weak notion of freedom.


18. In addition to the proposal suggested below, in the meantime I have been asked by the Archdiocese of Philadelphia Office of Evangelization to write what we are calling Homily Ideas once a month from November 2014 through August 2015 in Preparation for the World Meeting of Families, which will be held in Philadelphia in September 2015. The Homily Ideas are posted on the Office of Evangelization webpage (http://www.phillyevang.org/wmof/#monthlythemes) and also on the official World Meeting of Families webpage. The Homily Ideas are related to the Catechesis that was prepared especially for this event. These homily ideas are presented respectfully and they cover a number of topics in the general areas of Church teaching on marriage, family, chastity and related topics.


20. By this the Bishops mean both that it is beyond the role of a government to define a religion and also that the definition of a “religious employer” given by the government in the HHS Mandate is false. That definition is that a religious employer is one who hires and serves primarily members of its own faith. For their development of this two part meaning of “unwarranted government definition of religion,” see http://www.usccb.org/issues-and-action/religious-liberty/march-14-statement-on-religious-freedom-and-lhs-mandate.cfm.


22. Ibid.
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40. See note 4 above.

41. Taranto, “When the Archbishop Met the President.”

42. Ibid.

43. Paul VI, Humanae vitae, n. 30.


45. Taranto, “When the Archbishop Met the President.”

46. Ibid.


56. The Centers for Disease Control and Prevention (CDC) state: “About 79 million Americans are currently infected with HPV. About 14 million people become newly infected each year. HPV is so common that most sexually-active men and women will get at least one type of HPV at some point in their lives.” In the FAQ there is this question: “How can I avoid HPV and the health problems it causes?” For those sexually active, the CDC recommends: getting vaccinated, noting that this can prevent only some of the diseases that result from HPV (it cannot prevent contracting HPV); using condoms, which it admits will not give full protection against contracting HPV; and “Be in a mutually monogamous relationship—or have sex only with someone who only has sex with you.” See http://www.cdc.gov/std/HPV/STDFact-HPV.htm#a7.


63. Smith, “Contraception: Why Not?”


65. Eberstadt, “The Vindication of Humanae Vitae.”


68. Start at time marker 6:35 for English. Frei Nuno Allen, “Teologia do Corpo - Conferencia de Peter Colosi, PhD, na Universidade Católica Portuguesa,” http://www.youtube.com/watch?v=6yvnM8UwBcM.

69. Pope Paul VI, Humanae vitae, n. 12.

70. Taranto, “When the Archbishop Met the President.”

71. Pope Paul VI, Humanae vitae, n. 30.