Sac & Fox of Iowa

The Sac, or Sauk, an Algonquin word meaning “yellow earth people” and the Fox, or Mesquaki, meaning “red earth people” originated in what is now Illinois and Wisconsin (ENAT, 210-212). Today the two tribes, which have been close allies and friends since joining in 1734 to repulse attacks from an alliance of the Ojibwe and the French (ENAT, 86-87), occupy three distinct reservations in Iowa, Kansas, and Oklahoma.

The Sac and Fox Tribe of the Mississippi in Iowa have a reservation in central Iowa known as the Mesquaki Indian Settlement. This Iowa band possesses a flag of simple design but complex meaning. A simple bicolor of green over red, it signifies that the two nations have come together as one people (sketch and explanation provided by the Sac & Fox Tribal Headquarters).

Green symbolizes life, peace, and spring, and represents the “peace chief”, one of the three members of the tribal authority. Red stands for death, war, autumn—a time when much of life fades away, and the “war chief”. Traditionally, when war was imminent, tribal peace pipes would have their traditional white feathers replaced by red feathers. (The third member, the shaman or “ceremonial chief” is not represented.)